CENTREPIECES
Mental Health Arts Project
Registered Charity 1160300

# VOICES WORKSHOP

This will be a combination of texture painting and creative writing. Using mixed media, colour, texture and creative writing, we will be learning how to further our creative abilities, and express our thoughts and feelings on canvas.

*Canvasses, paints, brushes, pens and a variety of mixed media will be supplied by Centrepieces. If, however, you feel you would like to bring something of particular significance, i.e. photographs, trinkets, old letters, or diaries, this is a good opportunity to use memorable items from a loved one who you may want to remember. We will be using them as reference without destroying the item.*

*Date:* *Tuesday 23rd October 2018*

*Time:* *10.00am - 1pm*

*Cost:* *£5*

*Tutor:* *Christie Cassisa*

*Contact the Lodge to book your place*

*email:* info@centrepieces.org *tel*: 01322 554589