

CENTREPIECES

Mental Health Arts Project

Registered Charity 1160300

CENTREPIECES ARTISTS UPDATE

MARCH - APRIL 2020

FORTHCOMING EXHIBITIONS OF CENTREPIECES ARTISTS WORK

ERITH LIBRARY: 3rd Feb – 16th March

SIDCUP LIBRARY: 19th March – 30th April

FEATURED ARTISTS EXHIBITION: until 20th March at the Pop Up Studios

'FRACTURED': 23rd March – 5th April at the Pop Up Studios

CAPITAL ARTS (Eltham): April 18th – May 3rd Dorota Chioma

'ART HEALING': 6th – 27th April at the Pop Up Studios

'SLEEP AND MENTAL HEALTH': May at the Pop Up Studios

STABLES GALLERY ANNUAL OPEN EXHIBITION: 10th Sept – 14th October

LODGE WORKSHOP TIMETABLE (details below timetable)

MONDAY:	INDOOR SCULPTURE (Mixed Media)	10:30 – 1:00pm (Lucy Thomas)
	SLEEP AND DREAMS WORKSHOPS (March)	2:00 – 4:00pm (Lucy and Jemma)
TUESDAY:	PEN AND INK TECHNIQUES (March)	10:30 – 1:00pm (Sue Wieck)
WED:	PHOTOGRAPHY	10:00 – 12:00pm (Terry Longley)
THURSDAY:	MIXED MEDIA	10:30 – 1:00pm (Lucy Thomas)
FRIDAY:	OPEN STUDIO	10:00 – 1:00pm (All artists)
	OUTDOOR SCULPTURE	10:00 – 3:00pm (Untutored)
	SLEEP WORKSHOP (Creative Writing – March)	2:00 – 4:00pm

(Karen Larkin and John Exell)

SATURDAY: VARIOUS WORKSHOPS (AT THE POP UP) 10:30 – 1:00pm (Various Tutors)

ART WORKSHOPS AT THE LODGE (UNLESS OTHERWISE STATED)

SCULPTURE Lucy continues to run weekly Mixed Media sculptural workshops on Monday mornings, working with various media including clay and papier mache, which cost £3 and do not need to be booked in advance (*look out for the flyers advertising Lucy's 2020 programme*).

Outdoor Sculpture Sessions cover all aspects of stone and wood carving according to the interest and development needs of individual artists. Currently untutored so only cost is materials.

ART HEALING: MY JOURNEY Peter Kent has now completed these workshops at both the Lodge and the Pop up Studios. Participants have been encouraged to explore their personal recovery through use of abstract form and colour to create three pieces representing different stages of their journeys, which will be exhibited at the Pop Up Studio in April.

PEN AND INK SKETCHING Sue Wieck is running this course on Tuesdays at the Lodge, 3rd/10th and 17th March in which participants will learn basic pen, ink and wash techniques. COURSE NOW FULL.

MIXED MEDIA WORKSHOPS Lucy Thomas continues to run these drop in workshops on Thursdays, costing £3 per session. Throughout March she will be teaching Fabric Scrap Painting techniques. (*look out for the flyers advertising Lucy's 2020 programme*).

PHOTOGRAPHY GROUP This group meets on Wednesdays 10 –12pm either at the Pop Up Space Bexleyheath, the Cafeteria at Sainsburys in Crayford, or at the Lodge or Hall Place Visitors Centre, to discuss photography and plan field trips (£1 donation). Contact Terry Longley, Dawn Tomkins, Neil Butler or Alex Spendley if interested, for details of venue.

SLEEP AND MENTAL HEALTH PROJECT

This is Centrepieces second major project in relation to Mental Health Awareness Week which is at the end of May. It comprises log books for anyone interested in recording their dreams, sleep patterns and behaviours which are available from the Lodge or Pop up Studios, a series of workshops with Lucy and Jemma at the Lodge on Mondays 2nd, 9th, 16th and 23rd March 2:00 – 4:00pm (drop in £1) creating artwork on the theme, and also at the Pop Up Studios on Saturdays 7th March (Adults) and 14th March (children) 10:30 – 1:30pm which are open to both the public and artists. Also there are Creative Writing workshops at the Lodge on Fridays 2:00 – 4:00pm on the same theme. In addition Lucy and Jemma will be creating an animation to be shown at the SLEEP EXHIBITION at the Pop Up Studios at the end of May. Any work relating to the theme of Sleep and Dreams by C/P artists is also welcome for this exhibition and can be submitted to the Lodge from now.

FORTHCOMING WORKSHOPS:

TUESDAYS 24th, 31st March and 7th April: Sharon Lewis at the Lodge (details to be announced)

SOFT PENCIL PORTRAITS: Tuesday in May at the Lodge (John Exell) (date to be confirmed)

GOLD LEAF EMBELLISHMENT: Wednesday 6th, 13th and 20th May 10:30 – 1:00pm at the Pop up Studios (Merissa Hylton).

SATURDAY OPENING AT THE POP UP STUDIO SPACE

Saturday Opening has now moved to our new space in Bexleyheath, with a variety of workshops. Lucy Thomas will be running SLEEP workshops there on Saturday 7th March (adults) and 14th March (children) 10:30 – 1:30pm.

Normal opening time is from 10 – 1pm subject to keyholder availability.

See the website www.centrepieces.org for workshop updates or artists@centrepieces.org email group, or telephone the Lodge on 01322 554 589

UPDATE ON THE POP UP STUDIOS IN BEXLEYHEATH

There is a waiting list for the Studio Spaces (20 altogether) with new people joining as others leave, cost £10 per month. The wall space for Themed Exhibitions has been expanded through the creation of some extra display panels which Peter and the team have been busy putting up, along with a newly purchased hanging system. See above for dates of the next three Exhibitions, 'FRACTURED' an open exhibition for all Centrepieces artists who feel they can relate to this theme, 'ART HEALING' work detailing artists personal recovery journeys, and 'SLEEP AND MENTAL HEALTH' the culmination of this years Mental Health Awareness workshops and activities. The usual 'FEATURED ARTISTS' exhibitions also continue.

BEXLEYHEATH RAILWAY STATION Mark Harrison continues to show his work in the station waiting room. Contact Centrepieces if interested as work needs to be of a particular size and depth in order to fit into their standard poster type locked frames. We are looking for a volunteer to support a programme of rotating exhibitions in this space.

CREEK CREATIVE STUDIOS IN FAVERSHAM Let us know if you would like to be considered for a solo exhibition either at this venue or elsewhere this year, the Upstairs Café Gallery is fully booked for 2020 but the downstairs Basement Gallery is fairly free. We may show the 'Sleep and Mental Health' Exhibition there.

SLADE GREEN COMMUNITY CENTRE We continue to rotate artists work being shown there.

MERCHANDISE The new Centrepieces T shirts with a colourful design by Kim Campbell are for sale at both the Lodge and Pop up Studios at £10 each, now available in a full range of sizes. Centrepieces Trustee Britta Von Zweigbergk's second new book, 'Centrepieces, A

Story of Mental Health and Art in Bexley' with input from many people involved in Centrepieces over the years is on sale at the Lodge and Pop Up for £14.99, available to Centrepieces artists and volunteers at the reduced rate of £12.99. Britta has also just finished another book, an anthology of Poems by Bexley Hospital patients including some Centrepieces artists, which will soon be published under Centrepieces Press.

FUNDRAISING

A consultation with local residents living in the North of the Borough is now starting following the recent successful £1M bid to the Arts Council 'Creative People and Places' scheme. This has involved the Erith Exchange, Peabody Trust, Beaux Arts and several other organisations for a project entitled 'Made in the Estuary'. Centrepieces Trustees Guy Tarrant, Rosie Eaglen and Fiona Miller are on the Creative Board and will be monitoring progress and pushing for Centrepieces voice to be heard in relation to any future funding.

MORE HALL PLACE INSTALLATIONS We are still looking for more ideas for outline proposals of further artwork in the Gardens at Hall Place (The SIX), for which Centrepieces will be seeking funding. Please contact Geoff if you have any further suggestions/ feel able to take on/ help with any of these projects.

DISCOUNT CARDS AT HOBBYCRAFT Centrepieces Trustee Guy Tarrant has negotiated a 10% discount for Centrepieces artists at the Crayford branch of Hobbycraft. These cards are being produced and will be available at the Lodge for all volunteers, and to artists on renewal of their membership. We are also talking to Hall Place Visitors Café about this scheme.

BEXLEY GRAMMAR SCHOOL Karen and Peter visited and spoke to students at this school, following an invitation to Centrepieces for the second year running to be the nominated charity by two of the year 8 classes. The students raised £150 for C/P, part of which was a Rap Video, a big thanks to them !

VISIT TO CROSSNESS OLD SEWAGE WORKS C/P Trustee Rosie Eaglen is organising a visit for Centrepieces artists, after their new director Petra Cox expressed interest in offering casting workshops and possibly siting some C/P public art in their grounds.

TRIP TO THE BETHLEM GALLERY This is being planned and advertised to see their current Exhibitions including 'Transitions' which features C/P artist Fatma Durmush, and which is on until 25th April.