

May 2020 – Centrepieces during Lockdown.

Facebook group Arty F'Arty Party:

The Facebook group currently has over 120 members and encourages people to have a go at trying something new or revisiting something they haven't done for a while!

Art Challenges are set on a regular basis and people have the option to share their artwork to the group.

The painting above by Centrepieces artist Lesley Cody was completed in response to the SPORT challenge, one of the many art challenges that Lesley has tried on the group. You will find two art challenges, that were recently on the group on Page 2.

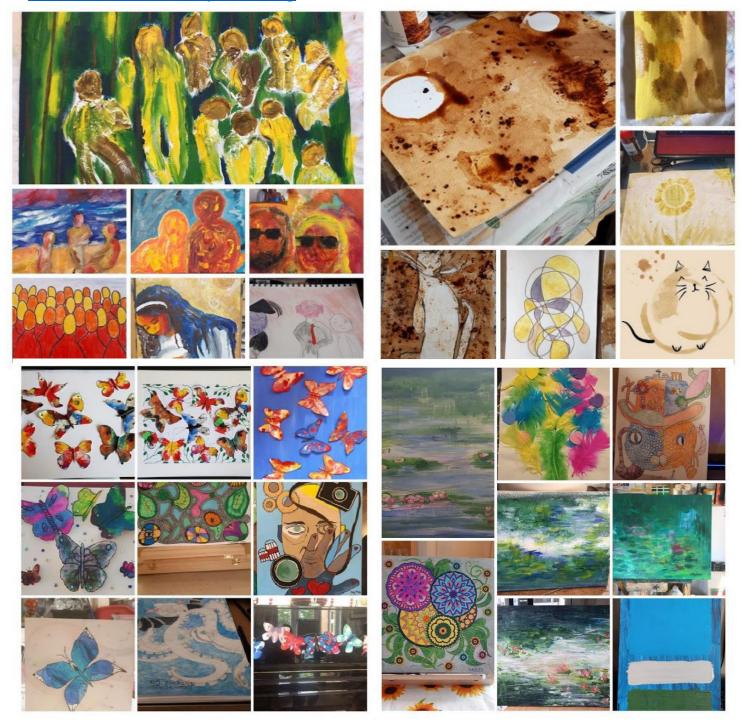
Workshops on Zoom

There is now a full programme of workshops available for CP artists to join via the video communication platform Zoom. By using this online video resource we have been able to support CP artists who are able and feel comfortable enough to participate online. If you would like to join in with any of the Zoom workshops then contact us at info@centrepieces.org and someone will be able to help you with the set up if needed. To download the Zoom app for PC use: https://zoom.us/download or to download via android, use google play.



Zoom Workshops Snapshot A brief view of some of the artwork being produced via Zoom workshops and the Art Challenges both on Facebook and WhatsApp – Social Chat group.

To join any of these groups or workshops contact <u>info@centrepiecs.org</u> or <u>karen.larkin@centrepieces.org</u>



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Why not try and create your own mystical beast or scroll through google or books until you find one that you would like to paint or watch the film "how to train your dragon" or the classic "Pete's Dragon" bake a cake and decorate it with dragon scales create a scene out of a shoebox write a poem or story about dragons

Have fun and let your imagination run away with you ..

If you do decide to try out our art challenge take a photo and email it to us at karen.larkin@centrepieces.org We can't wait to see some of your creations!

Background artist credits: Vicky Pisarski, Lesley Cody, Daniel Kelsey, Karen Larkin

LIGHT AND SHADOW

This one's all about going back to sketching basics. Challenge yourselves to turning a 2D shape into a 3D shape with light and dark pencil strokes.

Beginners - practice getting the shading gradient with a pencil or pen, a sphere is always a good place to start with light and shading! Check out tutorials online to help you with this

More Advanced artists - challenge yourselves! Study the way light falls, look at the shadows, use pastels and reverse positive and negative light.

If you do decide to try out our art challenge take a picture and email us at karen.larkin@centrepieces.org

We can't wait to see some of your creations!

Artist credits: John Exell, Liam Davies, Becky Chapman

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Operation Art Lockdown #3

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The Creative Writing group which we started up on Zoom on a Friday afternoon has a group of artists who enjoy creating poems and written pieces each week. For

When times are hard, you let me in
When people are running, you
approached
When minds are elsewhere, you took
notice
When the self mattered more, you still
looked out

- LIAM DAVIES-



Mental Health Awareness Week 2020 at the end of May, with the theme of KINDNESS the Creative Writing group created these amazing Acrostic Poems and short pieces.

KINDNESS soothes IT is a powerful thing. You should NEVER criticise others and try to DO a random act of kindness every day. Look for NEW ways to be kind such as being an EMPATHETIC listener and always SPARE a thought for others SOMEONE may need a hug or a smile - LESLEY CODY -



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KINDNESS is

Knowing their limits and mine, giving benefit of the doubt is a Kindness we all need

Improves with time, and we need to be open to the advice of our aim, to perform out kindness with success.

Nebulous, it takes all forms; no Kindness is too small, there is no quota to fulfil.

Distraction from the trials of life, the cruelties of existence; the smallest mercy brings us into the here and now

Not mandatory, and not a source for self criticism; don't beat yourself up if you're unable to help others

Epidemical: it can pass from one to another, a memetic action, chain mail of the mind.

Symbiotic behaviour and innately human; we must acknowledge the strength to be had in dependability and dependence.

Self care; we can be kind to our loved ones by being kind to ourselves

- LOUISE MATH

Kindness

K is knowing who needs help

I is isolating to keep us and others safe

N is being nice and kind and helpful to others

D is doing what you can to support others

N is not socialising with others outside your home

E is engaging with others by calling to check on family and friends

S is social distancing

S is sending loving letters and messages to loved ones

- ANDREA MONTAGUE -

LOCKDOWN - ART ONLINE & ON TV

ARTS PROGRAMMES ON TV

*2

The Joy of Painting - BBC 4 HD, Mondays, 7.00pm

The Beauty of Diagrams (Leonardo da Vinci), BBC 4 HD, Mondays, 7.30pm

Rembrandt: Film exploring his key works - Sky Arts HD, Monday, 7.30pm

The Adventures of Modern Art - Sky Arts HD, Monday/Tuesday/Wednesday, 10.00am

Great Paintings of the World with Andrew Marr – Channel 5, Saturdays 8.15pm

ARTS PROGRAMMES ON IPLAYER

Through the Lens of Larkin: Philip Larkin as seen through his photography

Antony Gormley - How Art Began

Basquiat - Rage to Riches. The story of Brooklyn born artist Jean-Michel Basquiat

Monitor – Joe Tilson, Artist

Barbara Hepworth, Sculptor

SOME ARTS & CRAFTS YOUTUBE CHANNELS

Amazing Arts and Crafts

Most Satisfying Lettering and Calligraphy https://www.youtube.com/watch?v=1qYnXByFsi0&t=34s

Simple Floral Abstract Art https://www.youtube.com/watch?v=SLM4vllf4a8

How to Paint Foxgloves in Watercolour https://www.youtube.com/watch?v=ZIM-UCIzulk

VIRTUAL TOURS OF ART GALLERIES AND MUSEUMS

British Museum, London https://blog.britishmuseum.org/how-to-explore-the-british-museum-from-home/

Turner Contemporary, Margate https://turnercontemporary.org/

Metropolitan Museum of Art, New York https://www.metmuseum.org/art/online-features/met-360-project

Vatican Museums http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/tour-virtuali-elenco.html

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