

CENTREPIECES

Mental Health Arts Project
Registered Charity 1160300

ANNUAL REPORT & ACCOUNTS AT 31 MARCH 2021



'Mala the Sea Horse'

By Centrepieces Artist Isotou Nadia Halliday

CENTREPIECES ANNUAL REPORT & ACCOUNTS

1st April 2020 to 31st March 2021

Chairman's Report:

I started last year's report with the statement that the world is a very different place from that which existed before the start of the pandemic. Well it still is a different place, although not quite as different as we edge our way back to normality. It remains to be seen what the long term damage to people's mental health will be.

At Centrepieces we have continued to strive to ameliorate the impact on our membership. We continue to meet the challenges brought about by the pandemic and have successfully kept our services going, ensuring that our members have felt engaged and not isolated.

During the financial year we were very successful in bidding for external grants and this has been a significant factor in maintaining our services. Our volunteers continue to amaze me with their commitment and passion.

We now face a more immediate challenge in locating replacement accommodation following the loss of our pop up studio and exhibition space at the Broadway Shopping Centre.

However, we can face the future with optimism.

Mike Ellsmore

Chair of Trustees

Coordinator's Report:

Last year was another roller coaster ride for Centrepieces as we moved out of Lockdown and started the transition back into more real space activities, with several developments on the art and premises front.

We moved out of the old Argos space in Bexleyheath Broadway in January into two new shop spaces, one for our Artists Studios and another for our Pop Up Gallery. Unfortunately within about 3 months, having just set up and started to use the spaces, we were asked to vacate the Studios. In the last few weeks, we have also lost the lease of our Pop Up Gallery. Most of our equipment, furniture and art materials are currently in emergency storage.

Both the Studios and the Pop Up Gallery were a great success while we had them, and we hope to find alternative spaces in the near future to continue with these activities. We are of course fortunate to have The Lodge at Hall Place as our longer term stable base to run the project from, and we have started to utilise this a lot more to continue with real space art workshops and other activities. However there is no space at The Lodge for a gallery or individual studio spaces.

The Pop Up Gallery has been a tremendous asset, enabling a continuous show of artwork throughout the year with solo exhibitions from Peter Kent, Ann Cronin, Dorota Chioma, Abdul Adeniran and Nadia Halliday alongside themed exhibitions such as the Mental Health Awareness 'Nature' theme, and the 'Fantasy Art' and Black History Month exhibitions. All were stunningly presented and well received by the public. The Gallery has also provided an outlet for the continuous creative outpourings from Centrepieces' artists who have either been working in our art workshops or in their own spaces at home and elsewhere. Public engagement has been fantastic, with the Gallery enabling good, positive interaction with people about mental health issues. We have also sold a lot of artwork there over the course of the year.

Two other developments at Centrepieces this year have been recognition of the need to increase access to art for people from various BAME groups, whom research has shown are generally underrepresented, and the need to consolidate our program of working with students at local schools due to the level of mental health issues amongst young people, which of course has only been made worse by the pandemic and lockdowns. To this end, we undertook a series of art workshops based around the theme of Carnival at the Lodge and Erith Exchange, led by Centrepieces Trustee Merissa Hamilton. This culminated in a highly successful stall at the 'Erith Made' Festival over the August Bank Holiday weekend, where members of the public learned how to make parts of Carnival costume and headpieces and about what Centrepieces can offer.

At the beginning of the year we held an exhibition of Calendar Artwork produced by young people who use Bexley's Youth Services, and currently we are working on various art projects with four local schools: Haberdashers' Aske's Crayford Academy, Hurstmere School, Chislehurst and Sidcup Grammar School and Red Hill Primary School in Chislehurst. As far as possible, the themes of these projects are connected to mental health awareness and using art to help with issues that arise.

Recently, Centrepieces' presence online and on social media such as Facebook and Instagram has increased greatly thanks to the hard work of our volunteers, in particular Lucy Thomas, Jo Bowes and Alice Lu. Art workshops on Zoom also continue alongside those restarting in traditional real space.

There has also been much personal success by Centrepieces' artists this year. Notably Abdul Adeniran and Fatma Durmush are currently showing in this year's Summer Exhibition at the Royal Academy and Dorota Chioma's book Notes From Postnatal Depression: Healing Through Art was published alongside an associated art exhibition.

Centrepieces Assistant Coordinator Karen Larkin and the dedicated team of volunteers have tried as far as possible to alleviate the turbulence and negative impact caused by the disruption of moving premises, but of course this has not been entirely possible. So this year has been one of significant success with challenges along the way and artists, volunteers and trustees are now clearly focused on finding new secure spaces to continue achieving what we have been doing so well.

Geoff Norris



'Aboriginal Tiger (Relaxed Mood)' by Centrepieces' artist Abdul Adeniran

Legal and Administrative Information:

Registered Office Address:

The Lodge
Hall Place
Bourne Road
Bexley
Kent
DA5 1PQ

CIO Number: 1160300

Trustees of Centrepieces:

Andrew Grieve - Retired 25th November 2020
Mike Ellsmore - Chair
Jenny Watson - Deputy Chair
Rosie Eaglen
Fiona Miller
Stefano Nocerino - Appointed 25th November 2020
Olwyn Sinclair - Retired 3rd February 2021
Guy Tarrant
Britta Von Zweigbergk

The Trustees named have served during the period of the accounts. Appointment of Trustees is governed by the CIO Memorandum and Articles of Association and the Trustee Board is authorised to appoint new trustees to fill vacancies arising through resignation, or the death of an existing trustee.

Structure, Governance and Management:

Centrepieces is a Charitable Incorporated Organisation (CIO) registered with the Charities Commission on the 3rd February 2015. The CIO has a volunteer Coordinator and a number of members who take on allocated voluntary responsibilities on a day to day basis. A Board of Trustees is responsible for the strategic direction and funding of the organisation, recruitment of new trustees as and when necessary, activities which are supported by 3 committees who meet periodically to discuss their specialist areas including Arts, Finance and Funding of the CIO, and then report to the full Board of Centrepieces.

Objectives of organisation:

To promote the recovery of adults in the London Borough of Bexley and surrounding areas who experience or have experienced, mental health problems by providing resources and support to enable them to participate in arts and related mental health enhancing activities, and to develop artistically and to achieve better social inclusion through art related activities.

- To promote mental health recovery through art
- To provide an outlet for artists with mental health issues to exhibit and sell their artwork
- To achieve long term financial sustainability
- To achieve long term security of tenure with regard to our premises
- To provide a safe and stimulating environment for our members
- To apply for available and appropriate funding
- To achieve a funding and income level allowing for the employment of paid staff

Centrepieces CIO – Financial Report

It gives us pleasure to present our sixth financial report, covering the year to 31st March 2021

This year has seen our total cash reserves increase from £20,321 to £31,440. Our unrestricted funds, which are included in these figures increased from £14,469 to £19,987.

We were exceptionally successful in raising external funding. Grant totalled £36,790 in the year with £26,790 of this being for specific projects. We are particularly grateful to Winners Chapel, the Baring Foundation, Bexley Council and the National Lottery for their support.

This funding allowed us to invest in Covid safety equipment thus ensuring that our services could continue during the lockdown.

We invested £2,694 updating our Office equipment. Our spending on rent and rates was another significant item at £3,866 and supported both our H.Q. at the Lodge and our pop up exhibition and workshop space at the Broadway Shopping Centre.

I continue to be grateful to Jean Lyons and Annie Greywoode for their hard work and commitment in keeping Centrepieces' finances in a well ordered and controlled state particularly during this challenging period.

Michael Ellsmore, CPFA
Trustee

CENTREPIECES CIO

Receipts & Payments Accounts for the period 1st April 2020 to 31st March 2021

	Unrestricted funds	Restricted funds	Total funds	Last year
	£	£	£	£
RECEIPTS				
Artwork Sold	1,821	-	1,821	9,824
Bexley Community Lottery	551	-	551	552
Contribution from workshops	160	2,119	2,279	2,376
Donations Inc GA	6,396	3,516	9,912	13,102
Grants	10,000	26,790	36,790	4,063
Membership	1,986	-	1,986	2,747
Picture Loan Scheme	2,000	-	2,000	-
Other	205	250	455	642
Total receipts	23,119	32,675	55,794	33,306
PAYMENTS				
Artist Fees		6,750	6,750	6,140
Art Materials	108	2,587	2,695	4,644
Artwork Sold-payment to Artists	1,600	-	1,600	7,045
Building & Assoc Cost	624	127	751	991
Covid Safety Equip	535	15,576	16,111	-
Exhibitions	68	604	672	1,303
Function & Meeting Expenses	144	-	144	831
Fundraising	-	-	-	582
Inspire Awards	-	700	700	500
Insurance	861	-	861	378
IT & Office Equipment	2,694	-	2,694	2,943
Printing, Postage & Stationery	1,130	408	1,538	2,262
Publications	405	-	405	164
Rent & Rates	3,866	-	3,866	3,359
Storage Costs		-	-	353
Telephone & Internet	1,775	-	1,775	1,448
Training	-	-	-	200
Utilities	1,160	-	1,160	1,688
Volunteer Travel	2,198	122	2,320	3,024
Other Expenses	433	200	633	999
	-	-	-	-
Total Payments	17,601	27,074	44,675	38,854
Surplus/Deficit	5,518	5,601	11,119	-5,548
Cash funds last year end	14,469	5,852	20,321	25,869
Cash funds this year end	19,987	11,453	31,440	20,321

Financial statements report and review:

- In my opinion the accounts above give a true and fair view of the CIO affairs at the end of this financial year.
- Have been prepared in accordance with the requirements of the Charities Commission for Charitable incorporated Organisations (CIO).



Mike Ellsmore CPFA
Trustee

Reserves Policy:

The Trustees have considered the level of reserves they wish to retain appropriate to the needs of the CIO. This is based on the size of the CIO and level of commitments held currently. The Trustees aim to ensure the CIO will be able to continue to fulfil its objectives even if there is a temporary shortfall of income.

Risk Review:

The Trustees conduct periodic reviews of the major risks to which the CIO is exposed and systems and procedures to manage those risks identified are implemented so as to minimise any potential impact on the CIO should any of those risks materialise.

Plans for the Future:

The CIO plans to continue its activities in the forthcoming year and beyond subject to satisfactory funding and income levels

We gratefully acknowledge and thank the support of:

- Oxleas NHS Foundation Trust
- The London Borough of Bexley
- Hall Place House and Gardens