

# CENTREPIECES

Mental Health Arts Project  
Registered Charity 1160300



The King's Award  
for Voluntary Service  
The MBF for volunteer groups

## *Workshop Brochure*



## *May 2026*

## **WORKSHOP BOOKING INFORMATION**

- A charge of £5.00 is made for in person workshops and £4.00 for Zoom workshops, to cover the cost of resources. Untutored sessions are charged at £2.00.
  - All workshops (except Drop-in sessions) are non refundable and must be **booked and paid for in advance**. Refunds will only be considered if bookings are cancelled for an unavoidable reason **24 hours in advance by email to [suet998@gmail.com](mailto:suet998@gmail.com)**
  - Bookings can be made **up to a month in advance** once the brochure for that month has been published and places will be allocated on a first come, first served basis. **To aid planning and admin please book workshops by 4pm on Friday of the previous week.**
  - Workshops advertised as a course or with a set cost for a number of sessions will be booked and charged at the advertised cost, even if a session is missed – **please read flyers carefully.**
  - All bookings will be confirmed by email and a waiting list held for over-subscribed workshops. Priority places at the next session will be given to those on the waiting list.
  - **To book, or with any workshop or art credit queries or cancellations, email [suet998@gmail.com](mailto:suet998@gmail.com).** I am only available to deal with workshop admin between 10am and 4pm on Monday, Wednesday and Friday. **I do not work a weekends.**
- ❖ **Bank Account details**
  - ❖ **Account No: 73401340 (Centrepieces CIO)**
  - ❖ **Sort Code: 20-62-69**
  - ❖ **Reference: ARTCREDIT**
  - ❖ Cheques payable to 'Centrepieces CIO'
  - ❖ **Please allow time for payments to show in your account, it can take 7 days or more** (cheque payments will take longer) so **make sure you pay in well in advance of booking.**

### **Workshop Rules**

- You will receive an email link for zoom workshops from the workshop host
- Please wear appropriate footwear and clothing for the workshop
- Keep conversation light-hearted and relevant and remember that a quiet, relaxed atmosphere helps concentration.
- The Centrepieces **Code of Conduct** must be adhered to at all times during workshops.
- Be aware of your surroundings when on zoom (other people and background conversations).



## ARTIST STUDIO SPACES AVAILABLE AT SIDCUP MANOR HOUSE

Ready to dedicate time to your art?



- OUR STUDIO SPACES ARE AVAILABLE FOR ARTISTS TO USE ON A MONTHLY BASIS!
- COST: £30 PER CALENDAR MONTH!
- WEEKDAY ACCESS TUESDAYS- FRIDAYS FROM 10.30 AM - 4 PM.
- OPEN ON SATURDAYS 10.30 AM - 2 PM (AT LEAST TWICE A MONTH)

For more info and to arrange a viewing  
please contact Nicki via email:  
[centrepiecespopup@gmail.com](mailto:centrepiecespopup@gmail.com)



## **Sculpting Cats at the Lodge With LUCY**

- WHERE:** At The Lodge  
**DATE:** Monday's 11th & 18th May 2026 **(PLEASE NOTE THERE ARE NO WORKSHOPS ON 4TH & 25TH MAY DUE TO BANK HOLIDAYS)**  
**TIME:** 10.30 am - 1pm  
**COST:** £5 in person - 8 Artists Maximum

Lucy will be running a 2 week drop in workshop creating a feline of our choice out of clay! We'll have plenty of inspiration, ranging in difficulty level, we'll explore creating small cat sculptures in varying different poses.



**Payment will be taken through Art Credits**

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**PLEASE BOOK WORKSHOPS BY 4PM ON FRIDAY OF THE PREVIOUS WEEK**  
Advance booking and payment essential and nonrefundable due to limited availability

## Working with Watercolour Pencils at the Lodge with Nicki

**WHERE:** At The Lodge

**DATE:** Monday's 11th & 18th May 2026

**(PLEASE NOTE THERE ARE NO WORKSHOPS**

**MONDAY'S 4th & 25th DUE TO BANK HOLIDAYS)**

**TIME:** 1 pm - 4 pm

**COST:** £5 in person - 8 Artists Maximum

Unlock the potential of watercolor pencils! Join Nicki for a hands-on session where you'll explore creative techniques and learn how to bring your sketches to life with vibrant washes and fine detail.



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# Inspirational Ink: Kawaii Illustrations at the Pop Up with Matthew

**WHERE:** At The Pop Up  
**DATE:** Tuesday's 5th & 12th May 2026  
**TIME:** 11am - 1pm  
**COST:** £5 in person (£4 on zoom\*) - 6 Artists Maximum

Kawaii is a Japanese illustration style which emphasizes cuteness, childlike innocence, charm, and simplicity. Kawaii culture began to flourish in the 1970s, driven by youth culture and the rise of cute characters in manga and anime and merchandise, exemplified by the creation of Hello Kitty by Sanrio in 1974.

Using some simple tips and techniques, come and create some cute and uplifting illustrations that will almost certainly bring a smile to your day. We'll explore the use of shape and accent detailing to gradually build-up a simple character or object, and then follow-up by exploring different facial styles to truly bring your character to life.

\*If you are joining us on Zoom, to get the most out of this workshop, please ensure you have the following resources:

- ❖ Pencils (for sketching initial / rough ideas)
- ❖ Erasers
- ❖ A4 / A5 paper (plain)
- ❖ Colouring Pencils / Felt Tips / Coloured Sharpies (for detail colouring)
- ❖ Fineliners (0.5 should be great)

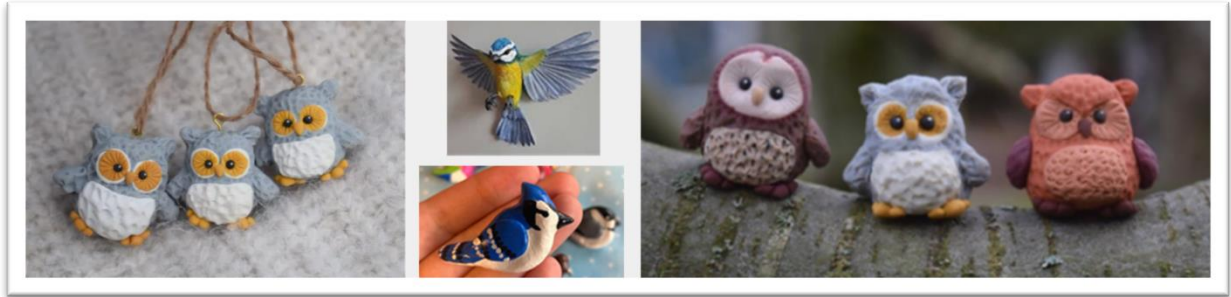


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## Polymer Clay Birds at the Lodge with Andrew



**WHERE: At the Lodge**

**DATE: Tuesdays 19th & 26th 2026**

**TIME: 11am - 1pm**

**COST: £3 per session (subsidised by the BOAW project)**

Join Andrew in this intro to working with Polymer Clay, taking inspiration from the birds we may see around Hall Place and the London Borough of Bexley. No prior experience with Polymer Clay required, as Andrew will be sharing his tips and tricks of working this type of clay!

*All the birds that you make can become part of a display in the Birds of a Wire Exhibition in the Stables Gallery, in November 2026.*

So, what birds have you seen lately? Have you ever stopped and listened to their birdsong? You can use this QR code to download the free Merlin (bird id app) to identify any birds while you are out and about.



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Advanced booking and payment essential (non-refundable due to limited availability).

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## COMMUNITY ZOOMS FROM ROYAL COLLECTION TRUST 2026

Community Zoom talks run as part of our Inclusion Programme, which aims to make the Official Residences of The King and Royal Collection as accessible as possible, working with Community partners who support under-reached, disadvantaged and disabled people.



Our programme of Zoom talks, for people who cannot easily visit the Official Residences of The King, take place on the first Wednesday of the month, from 2pm. Join us to hear about the different works in the Royal Collection, the Official Royal Residences and the history of the Monarchy. Talks are free and informal, and you can participate camera on or off.

Wednesday 7 January	<b>State Banquets at Windsor Castle</b>
Wednesday 4 February	<b>20th Century British Art in the Royal Collection</b>
Wednesday 4 March	<b>Queen Victoria and Windsor</b>
Wednesday 1 April	<b>Courtly Collecting: George IV and the 3<sup>rd</sup> Marquess of Hertford</b>
Wednesday 6 May	<b>An Introduction to Queen Elizabeth II: Her Life in Style</b>
Wednesday 3 June	<b>Courtly Collecting: George III</b>
Wednesday 1 July	<b>LGBTQ+ art in the Royal Collection</b>
Wednesday 5 August	<b>A Virtual walkthrough of Buckingham Palace</b>
Wednesday 2 September	<b>Courtly Collecting: George IV at Windsor &amp; Holyrood</b>
Wednesday 7 October	<b>Photos of the Royal Household in the Royal Photographic Collection</b>
Wednesday 4 November	<b>Painting in Small: Miniatures as an art form</b>
Wednesday 2 December	<b>Pantomimes and the second world war at Windsor Castle</b>

**Join Zoom Meeting – camera on or off:**

<https://us02web.zoom.us/j/4407732986>

Meeting ID: 440 773 2986

**Community Group Leaders:** if you would like to arrange a specific zoom talk for your group, please email [communitylearning@rct.uk](mailto:communitylearning@rct.uk)

## Outdoor Sculpture



**WHERE:** At the Lodge  
**DATE:** Thursdays 7th, 14th, 21st and 28th May 2026  
**TIME:** 10.30am - 1pm  
**COST:** £5 per session

Now that Spring is in the air why don't you embrace the outdoors and have a go at sculpting. Come and try your hand at working with some of the resources we have at the Lodge. We have volunteers on hand who will be able to support you with ideas and teach you the techniques needed to use the various sculpture media that we have on offer.

You have a choice of Breezeblocks, Portland Stone or African SoapStone.

Health and Safety rules must be adhered to when working with stone and breezeblock and you will be shown which tools to use to achieve the best results.

***For Health & Safety reasons workshops **MUST** be booked in advance, so that we can ensure that there is a tutor/volunteer in attendance. We also advise that you wear the safety goggles and masks that are supplied. **Heavy/closed toe shoes must be worn.*****

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# Wire Sculpture

*with Karen*

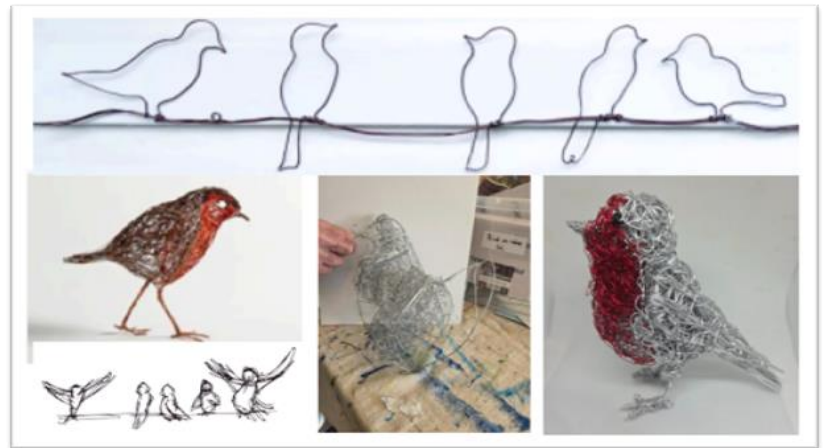
**WHERE:** The Pop Up

**DATE:** Thurs 7th, 14th, 21st and 28th May 2026

**TIME:** 10.30am - 1pm

**COST:** FREE - Subsidised workshop

Throughout May we will be running wire sculpture workshops. Using a range of wires, including copper, aluminum and stainless steel. The type of wire being used will depend on the size and style of your sculpture.



Any artists and volunteers attending these workshops will be helping to make a large sculpture piece that will be displayed at the BOAW exhibition in the Stables Gallery in November/December. The sculpture will then go on to be displayed somewhere in the borough, maybe in the grounds at Hall Place.

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**Advanced booking and payment essential (non refundable due to limited availability).**

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## Funky Glitterball Painting at the Pop Up With Nicki

**WHERE:** At The Pop Up  
**DATE:** Fridays 1st & 8th May 2026  
**TIME:** 11am - 1pm  
**COST:** £5 in person - 8 Artists Maximum

It's time to get your groove on with Nicki! Join us for a 2-week deep dive into the world of custom disco balls. Using bold, vibrant acrylics, you'll transform a classic icon into a one-of-a-kind masterpiece. Whether you want a neon pop or a pastel shimmer, we're painting the town (and the ball) red... or blue... or gold!



**Payment will be taken through Art Credits**

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## Acrylic painting Sgraffito Style at the Pop Up With Nicki

**WHERE:** At The Pop Up  
**DATE:** Fridays 15th 22nd & 29th May  
**TIME:** 11am - 1pm  
**COST:** £5 in person - 8 Artists Maximum

Discover the power of Sgraffito—a dynamic painting technique where you "etch" your story into the canvas. Derived from the Italian word *sgraffiare* ("to scratch"), this method involves layering vibrant colors beneath a bold top coat. While the paint is still wet, you'll use specialized tools to scratch through the surface, revealing the brilliant "inner" layers underneath.

It is a perfect metaphor for resilience: uncovering the beauty and strength that lies beneath the surface. No prior experience is needed—just a willingness to make your mark!



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## Creative Writing

Hungry for haiku? Looking for a limerick? Passionate about prose?



**WHERE:** At the Pop-up  
**DATE:** Fridays 1st, 8th, 15th, 22nd and 29th May 2026  
**TIME:** 2pm - 3.30 pm  
**COST:** £4 per session (in person or via Zoom)

This April spread your creative wings and join the Creative Writing group for a range of exciting activities.

- “The Wishing Tree” – A story-prompt activity, loosely themed around Easter, where writers get the opportunity to express hopes and goals for the new season ahead.
- “Birds of a Feather” – A collaborative visual piece that will challenge artists to create a bird-shaped “word cloud” featuring keywords that summarise their strengths and talents.
- “Bird’s Eye View” – A bird-themed story-prompt exploring differences in perspective.
- A special bird-themed edition of our regular “Desert Island Discs” game. What fun story or poem can YOU make from these particular song titles?

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# CRAFT CLUB AT THE POP UP

*The Manor House, The Green, Sidcup, DA14 6BW*

On

**Saturdays 9th and 23rd May 2026**

The Craft Club is open to CP artists and members  
of the public - everyone welcome!

**Time: 10.30am - 1pm ~ Cost: £3**

***Bring your own craft activity to do, or use our Paper Craft Packs which are available to buy ~ This is a social group with occasional guided activities (optional) ~ Share ideas and techniques while enjoying a cuppa! (included in price).***



*Children are welcome (7+) if accompanying an adult.*

**For more information contact email: [centrepiecespopup@gmail.com](mailto:centrepiecespopup@gmail.com)**

# May 2026

May 2026						Jun 2026 ▶
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				<b>1</b> <u>LOCATION THE POP UP</u> FUNKY GLITTERBALL 11 AM - 1 PM CREATIVE WRITING 2 PM - 3.30 PM	<b>2</b>	<b>3</b> CLOSED
<b>4</b> CLOSED BANK HOLIDAY	<b>5</b> LOCATION POP UP MATTHEW Inspirational Ink 11am - 1pm	<b>6</b> COMMUNITY ZOOMS FROM ROYAL COLLECTION TRUST 2026 An Introduction to Queen Elizabeth II: Her Life in Style	<b>7</b> <u>LOCATION THE LODGE</u> OUTDOOR SCULPTURE 10.30 AM - 1 PM <u>LOCATION THE POP UP</u> BOAB - KL - POP-UP 10.30 AM - 1 PM	<b>8</b> <u>LOCATION THE POP UP</u> FUNKY GLITTERBALL 11 AM - 1 PM CREATIVE WRITING 2 PM - 3.30 PM	<b>9</b> CRAFT CLUB/ARTISTS 10.30 AM - 1 PM	<b>10</b> CLOSED
<b>11</b> <u>LOCATION THE LODGE</u> INDOOR SCULPTURE CLAY CATS 10.30 AM - 1 PM WATER COLOUR USING WATERCOLOUR PENCILS 2 PM - 4 PM	<b>12</b> LOCATION POP UP MATTHEW Inspirational Ink 11am - 1pm	<b>13</b>	<b>14</b> <u>LOCATION THE LODGE</u> OUTDOOR SCULPTURE <u>LOCATION THE POP UP</u> BOAB - KL - POP-UP 10.30 AM - 1 PM	<b>15</b> <u>LOCATION THE POP UP</u> PAINTING IN THE SRAGFFTO STYLE 11 AM - 1 PM CREATIVE WRITING 2 PM - 3.30 PM	<b>16</b>	<b>17</b> CLOSED
<b>18</b> <u>LOCATION THE LODGE</u> INDOOR SCULPTURE CLAY CATS 10.30 AM - 1 PM WATER COLOUR USING WATERCOLOUR PENCILS 2 PM - 4 PM	<b>19</b> LOCATION POP UP BOAW w/shop Polymer Clay Birds 11am - 1pm	<b>20</b>	<b>21</b> <u>LOCATION THE LODGE</u> OUTDOOR SCULPTURE <u>LOCATION THE POP UP</u> BOAB - KL - POP-UP 10.30 AM - 1 PM	<b>22</b> <u>LOCATION THE POP UP</u> PAINTING IN THE SRAGFFTO STYLE 11 AM - 1 PM CREATIVE WRITING 2 PM - 3.30 PM	<b>23</b> CRAFT CLUB/ARTISTS 10.30 AM - 1 PM	<b>24</b> CLOSED
<b>25</b> CLOSED BANK HOLIDAY	<b>26</b> LOCATION POP UP BOAW w/shop Polymer Clay Birds 11am - 1pm	<b>27</b>	<b>28</b> OUTDOOR SCULPTURE BOAB - KL - POP-UP 10.30 AM - 1 PM	<b>29</b> <u>LOCATION THE POP UP</u> PAINTING IN THE SRAGFFTO STYLE 11 AM - 1 PM CREATIVE WRITING 2 PM - 3.30 PM	<b>30</b>	<b>31</b> CLOSED