

CENTREPIECES

Mental Health Arts Project
Registered Charity 1160300



The King's Award
for Voluntary Service
The MBE for volunteer groups

Workshop Brochure

AUGUST 2026

WORKSHOP BOOKING INFORMATION

- A charge of £5.00 is made for in person workshops and £4.00 for Zoom workshops, to cover the cost of resources. Untutored sessions are charged at £2.00.
 - All workshops (except Drop-in sessions) are non refundable and must be **booked and paid for in advance**. Refunds will only be considered if bookings are cancelled for an unavoidable reason **24 hours in advance by email to suet998@gmail.com**
 - Bookings can be made **up to a month in advance** once the brochure for that month has been published and places will be allocated on a first come, first served basis. **To aid planning and admin please book workshops by 4pm on Friday of the previous week.**
 - Workshops advertised as a course or with a set cost for a number of sessions will be booked and charged at the advertised cost, even if a session is missed – **please read flyers carefully.**
 - All bookings will be confirmed by email and a waiting list held for over-subscribed workshops. Priority places at the next session will be given to those on the waiting list.
 - **To book, or with any workshop or art credit queries or cancellations, email suet998@gmail.com.** I am only available to deal with workshop admin between 10am and 4pm on Monday, Wednesday and Friday. **I do not work a weekends.**
- ❖ **Bank Account details**
 - ❖ **Account No: 73401340 (Centrepieces CIO)**
 - ❖ **Sort Code: 20-62-69**
 - ❖ **Reference: ARTCREDIT**
 - ❖ Cheques payable to 'Centrepieces CIO'
 - ❖ **Please allow time for payments to show in your account, it can take 7 days or more (cheque payments will take longer) so make sure you pay in well in advance of booking.**

Workshop Rules

- You will receive an email link for zoom workshops from the workshop host
- Please wear appropriate footwear and clothing for the workshop
- Keep conversation light-hearted and relevant and remember that a quiet, relaxed atmosphere helps concentration.
- The Centrepieces **Code of Conduct** must be adhered to at all times during workshops.
- Be aware of your surroundings when on zoom (other people and background conversations).

Indoor Sculpture with Lucy

WHERE: at The Lodge

DATE: Mondays 3rd, 10th, 17th, 24th August 2026 (*24th is untutored*)

TIME: 10.30 am - 1pm

COST: £5 in person - 8 Artists Maximum



Join Lucy for these drop-in workshops, spread over the first 4 weeks in August.

You will be creating your own colourful flower inspired bowls.

We'll have plenty of inspiration, ranging in difficulty level, and will explore creating various flower inspired pieces.

Payment will be taken through Art Credits

For **WORKSHOP BOOKINGS** email Sue on suet998@gmail.com

PLEASE BOOK WORKSHOPS BY 4PM ON FRIDAY OF THE PREVIOUS WEEK

Advance booking and payment essential and nonrefundable due to limited availability

Nature's Blueprint - Botanical Imprint & Illustrations at the Lodge With Nicki

WHERE: At The Lodge
DATE: Monday's 3rd, 10th, 17th and 24th August 2026
* no workshop on 31st August due to Bank Holiday
TIME: 2pm - 4 pm
COST: £5 in person - 8 Artists Maximum

Step away from the ordinary and let the wild landscape spark your creativity. In this immersive, hands-on workshop, we will head outdoors to forage for fallen leaves and foliage right from the grounds around the lodge.

Using these natural specimens as your living stamps, you will capture their intricate veins and organic textures directly onto paper using vibrant watercolours. Once the impressions dry, we will bring the artwork to life with fine-liner pens, using delicate ink work and expressive lines to highlight nature's hidden details.

Whether you want to create striking botanical studies or playful abstract compositions, this session offers a wonderful way to blend nature with mixed media. All skill levels are welcome—just bring your curiosity!



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Polymer Clay Workshops *with Andrew*



WHERE: The Lodge

DATE: Tuesdays 4th, 11th, 18th and 25th August 2026

TIME: 11 am - 1pm

COST: £5 in person (subsidised through the BOAW project)

The polymer clay workshop continues with Andrew at the Lodge.

Come and join as we work towards our sitting branch display for the upcoming Birds On A Wire exhibition, where we hope to have quite a menagerie of feathered (and some non-feathered) friends all chilling out on display.

Or maybe you have another project in mind? Andrew will be on hand with sagely advice.

No prior experience with Polymer Clay required, as Andrew will be sharing his tips and tricks for this type of clay!

All art pieces created by the artists may be needed for display in the BOAW exhibition in November, but still remain the property of the artist.

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Outdoor Sculpture at The Lodge



WHERE: The Lodge
DATE: Thursdays 6th, 13th, 20th, 27th August 2026
TIME: 10.30am - 1pm
COST: £5 per session

During August the outdoor sculpture area is open for artists to come along and work on their art pieces. The Outdoor Sculpture Volunteers, Frances and Pete, will be on hand to give you support and advise as you work. We have a range of stone, breezeblocks and wood for you to try something new.

*** During AUGUST please note that if temperatures are above 30°C Centrepieces artists are advised NOT to work on stone or breezeblock carving.***

Health and Safety rules must be adhered to when working with stone and breezeblock and you will be shown which tools to use to achieve the best results.

Workshops **MUST** be booked in advance, so that we can ensure that there is a tutor/volunteer in attendance. We also advise that you wear the safety goggles and masks that are supplied. Heavy/closed toe shoes must be worn.

Payment will be taken through Art Credits

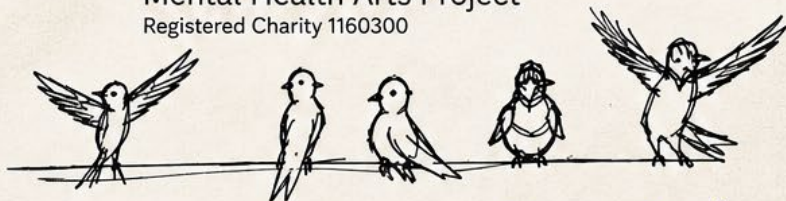
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**BIRDS ON
A WIRE**

*Be part of
something
extraordinary!*

VOLUNTEERS WANTED

BE PART OF A TEAM OF ARTISTS

Join us in the **Birds Of a Wire** project and help bring nature to life through art. We are looking for enthusiastic volunteers to work in a small group or independently to sculpt **lifesize birds and local wildlife** as part of a larger installation.

YOU WILL:

- Work with wire to create stunning sculptures
- Develop new skills and creativity
- Be part of a friendly, supportive community
- Contribute to a unique public art installation that celebrates local wildlife



DATES: Thursdays throughout
August and September



WHERE: *The Pop Up*
Sidcup Manor House,
The Green, DA14 6BW



DROP IN: 10.30am – 3pm
No need to book – just drop in!



*Help
bring nature
to life
through art!*



ALL SKILLS WELCOME

Whether you're experienced or a complete beginner, we'd love to hear from you!



INTERESTED?

Contact Karen or Natalie at The Pop Up if you'd like to get involved.
✉ centrepiecespopup@gmail.com

Funded by

WILLIAM KENDAL GRANT



**THE WORSHIPFUL COMPANY OF
WAX CHANDLERS**

Unpredictable Alcohol Ink *with Nicki*

WHERE: The Pop Up
DATE: Fridays 7th and 14th August 2026
TIME: 11am - 1pm
COST: £5 per session

Step into a world of fluid color and watch mesmerizing patterns unfold right before your eyes. In this captivating abstract workshop, you'll harness the unpredictable beauty of alcohol inks to create completely one-of-a-kind pieces.

Experiment with dynamic techniques, let your imagination guide you, and bring your unique abstract visions to life using fine-line pens and layered ink accents. No two paintings are ever alike—just bring your creativity and discover your own signature style!

•Please note that this can get a bit messy so remember to bring appropriate clothing.



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Oceans & Rainbows

an Abstract Rainbow Painting Workshop 



WHERE: At The Pop Up
DATE: Friday 21st August 2026
TIME: 11am - 1pm
COST: £5 in person - 8 Artists Maximum

Abstract art is all about freedom, motion, and intuition. This August, we celebrate our planet—and a community—that is diverse, colourful, and unique!

Inspired by the deep, swirling energy of the sea, we will use thick, expressive brushstrokes and palette knives to paint a stunning, abstract, rainbow-themed artwork. Together, we will symbolise a powerful, dynamic community swimming through the deep ocean.

This workshop was originally planned in June, but the 2nd week had to be cancelled - please bring along any unfinished artwork from week 1, if you attended that session.

Payment will be taken through Art Credits

For **WORKSHOP BOOKINGS** email Sue on suet998@gmail.com

PLEASE BOOK WORKSHOPS BY 4PM ON FRIDAY OF THE PREVIOUS WEEK

Advance booking and payment essential and nonrefundable due to limited availability

Creative Writing *with Matthew*



WHERE: The Pop Up
DATE: Fridays 7th, 14th, 21st, 28th August 2026
TIME: 2 pm - 3.30 pm
COST: £4 in person, £4 on zoom

As summer brings brighter weather and the chance for new adventures, why not join our Creative Writing group as we delve into a host of summer-themed story activities? The aim is to help uplift and amuse while providing a fun break from the stresses of the outside world.

Other sessions include some of the growing number of word games the group enjoys; whether that's making a story (or poem) from one of our "Desert Island Discs" lists, or our very-own soap opera writing-prompt card game, there's bound to be something to inspire and delight writers of all ages and experience. We'll also be having another fun-packed round of our very-own Creative Writing quiz. How many questions will YOU be able to answer from our curious collection? Come along and have a go!

Whether you're a new writer exploring creative writing, or Shakespeare's understudy, our Creative Writing group aspires to offer you a fun and refreshing challenge to get those ideas flowing.

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CRAFT CLUB AT THE POP UP

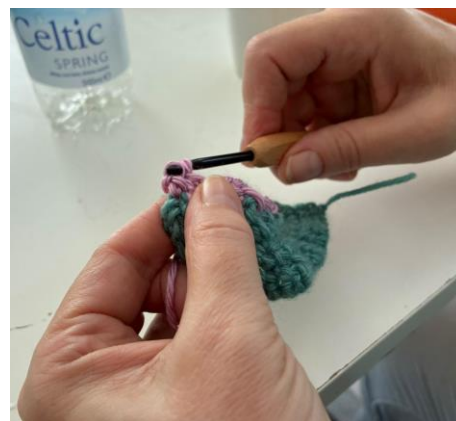
The Manor House, The Green, Sidcup, DA14 6BW

On

Saturdays 8th & 22nd August 2026

The Craft Club is open to CP artists and members of the public - everyone welcome!

Time: 10.30am - 1pm ~ Cost: £3



Bring your own craft activity to do, or use our Paper Craft Packs which are available to buy ~ This is a social group with occasional guided activities (optional) ~ Share ideas and techniques while enjoying a cuppa! (included in price).

Children are welcome (7+) if accompanying an adult.

For more information contact email: centrepiecespopup@gmail.com

ARTIST STUDIO SPACES AVAILABLE AT SIDCUP MANOR HOUSE

Ready to dedicate time to your art?

- OUR STUDIO SPACES ARE AVAILABLE FOR ARTISTS TO USE ON A MONTHLY BASIS!
- COST: £30 PER CALENDAR MONTH!
- WEEKDAY ACCESS TUESDAYS- FRIDAYS FROM 10.30 AM - 4 PM.
- OPEN ON SATURDAYS 10.30 AM - 2 PM (AT LEAST TWICE A MONTH)

For more info and to arrange a viewing
please contact Nicki via email:
centrepiecespopup@gmail.com



The Lodge at Hall Place

Centrepieces main office is located in The Lodge, just right of the entrance to Hall Place car park.

The Lodge

Hall Place
Bourne Road
Bexley
Kent DA5 1PQ



The Pop-Up at Sidcup Manor House

Since April 2023 we have been using part of Sidcup Manor House as a Pop-up space for artist's studios and some of our workshops and events.

PopUp@Sidcup

Sidcup Manor House
The Green
Sidcup DA14 6BW

