CENTREPIECES
Mental Health Arts Project
Registered Charity 1160300

The King's Award for Voluntary Service
The MBE for volunteer groups

Workshop Brochure

October 2026

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WORKSHOP BOOKING INFORMATION

- A charge of £5.00 is made for in person workshops and £4.00 for Zoom workshops, to cover the cost of resources. Untutored sessions are charged at £2.00.
- All workshops (except Drop-in sessions) are non refundable and must be **booked and paid for in advance**. Refunds will only be considered if bookings are cancelled for an unavoidable reason **24 hours in advance by email to suet998@gmail.com**
- Bookings can be made **up to a month in advance** once the brochure for that month has been published and places will be allocated on a first come, first served basis. To aid planning and admin please book workshops by **4pm on Friday of the previous week**.
- Workshops advertised as a course or with a set cost for a number of sessions will be booked and charged at the advertised cost, even if a session is missed – **please read flyers carefully.**
- All bookings will be confirmed by email and a waiting list held for over-subscribed workshops. Priority places at the next session will be given to those on the waiting list.
- **To book, or with any workshop or art credit queries or cancellations, email suet998@gmail.com.** I am only available to deal with workshop admin between 10am and 4pm on Monday, Wednesday and Friday. **I do not work a weekends.**

  - **Bank Account details**
  - **Account No: 73401340 (Centrepieces CIO)**
  - **Sort Code: 20-62-69**
  - **Reference: ARTCREDIT**
  - Cheques payable to **'Centrepieces CIO'**
  - **Please allow time for payments to show in your account, it can take 7 days or more** (cheque payments will take longer) so **make sure you pay in well in advance of booking.**

Workshop Rules

- You will receive an email link for zoom workshops from the workshop host
- Please wear appropriate footwear and clothing for the workshop
- Keep conversation light-hearted and relevant and remember that a quiet, relaxed atmosphere helps concentration.
- The Centrepieces **Code of Conduct** must be adhered to at all times during workshops.
- Be aware of your surroundings when on zoom (other people and background conversations).

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Indoor Sculpture with Andrew

Spooky Tealight Toppers

WHERE: The Lodge

DATE: Mondays 5th, 12th, 19th & 26th OCTOBER 2026

TIME: 10.30 am - 1pm

COST: £5 in person - 8 Artists Maximum






We will continue to celebrate the season with spooky illuminated sculptures. It could be a Jack-o'-lantern, a ghost, a haunted house with glowing windows, a witches cauldron, an enchanted tree, or wherever your imagination takes you.

WARNING: Battery Tealight use ONLY. *Air-dry clay is flammable.*

<u>Spooky Reliefs</u>
Or maybe you fancy trying your hand at a classic Spooky Relief with creature portraits or maybe a haunted scene.

Payment will be taken through Art Credits
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Whimsical Forest Floor: Watercolor Workshop at the Lodge with Nicki

WHERE: **At The Lodge**
DATE: **Monday's 5th, 12th, 19th and 26th October 2026**
TIME: **2pm - 4 pm**
COST: **£5 in person - 8 Artists Maximum**

Step into a cozy, creative afternoon and discover the art of painting whimsical forest elements! Perfect for beginners and seasoned painters alike, this hands-on workshop will guide you step-by-step through loose, relaxing watercolor techniques.

What You'll Learn:

- **Soft Blending:** Paint lush, velvety moss using wet-on-wet watercolor washes.
- **Forest Details:** Master simple brush strokes to create mushrooms, ferns, and weathered bark.
- **Finishing Touches:** Add fine line work to make your illustrated forest elements pop.



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Fabric Collage with Dawn & Andrea



WHERE: The Pop UP
DATE: Tuesdays, 6th & 13th OCTOBER 2026
TIME: 11am - 1pm
COST: £5 in person

In recognition of Dyslexia Awareness Week, artist tutors, Dawn and Andrea, who both have Dyslexia, will be facilitating this two week workshop where you can create your own unique scrap fabric collage.

Using a range of fabrics provided, or adding in some of your own, this is a great opportunity to create an art piece while gaining an insight into the difficulties that can be faced through dyslexia, or sharing your own experiences with dyslexia.

#DAW2026 5-11 October

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Polymer Clay Workshops *with Andrew*



CREATURE LAB

WHERE: The Lodge
DATES: Tuesdays 20th and 27th 2026
TIME: 11 am - 1pm
COST: £5 in person

We are opening the Creature Lab *thunder crash and wolf howling* for all your imaginative weird, wild, and wonderful creations.

With any combinations of tentacles, wings, legs, eyeballs, noses, ears, eyelashes, teeth, and more to choose, what new fantastic creations will you make? Come and have a play and see.

As always we will be offering both 3D and 2D projects to try.
(Some wire armature work may be required)

We are still accepting Polymer Birds for BOAW if you so wish.

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BIRDS ON A WIRE

Funded by the William Kendall Charity

THE WORSHIPFUL COMPANY OF WAX CHANDLERS

A Flock of Seagulls

A recycling workshop with Sue Wieck





WHERE: **At The Pop Up**
DATE: **Thursday 8th OCTOBER 2026**
TIME: **11am - 1pm**
COST: **FREE**

★We need your help!

★Join Sue and the Birds on a Wire team in making a Flock of Seagulls for the Birds on a Wire Exhibition in November.

★Suitable for everyone we will be using recycled Plastic Milk Bottles and other resources.



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Outdoor Sculpture at The Lodge



WHERE: **The Lodge**
DATE: **Thursdays 1st, 8th, 15th, 22nd, 29th OCTOBER 2026**
TIME: **10.30am - 1pm**
COST: **£5 per session**

During October the outdoor sculpture area is open for artists to come along and work on art pieces.

Our volunteer tutors, Frances and Pete, will be on hand to give you support and advice as you work.

We have a range of stone, breezeblocks and wood for you to try.

Health and Safety rules must be adhered to when working with stone and breezeblock and you will be shown which tools to use to achieve the best results.

Workshops MUST be booked in advance, so that we can ensure that there is a tutor/volunteer in attendance. We also advise that you wear the safety goggles and masks that are supplied. *Heavy/closed toe shoes must be worn.*

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YARN PAINTING TECHNIQUES

at the **POP UP** *with Sue Wieck*



WHERE: **At The POP UP**
DATE: **Fridays 2nd & 9th October 2026**
TIME: **10.30 am - 1pm**
COST: **£6 for 2 weeks (subsidised through BOAW project)**

- In this repeat workshop, you will be working from your choice of a bird image, in a stylized way. Using colourful yarns to create a decorative art work, you will be given guidance as to how to replicate the effects seen in Huichol art.
- Over two sessions, you will be shown how to transfer a bird image onto board, as part of a recycled picture frame which has been painted ready for this project. You can choose to use bright and vibrant colours or opt for the actual colour of the bird (or combine both!)
- The picture is made by glueing down strands of yarn to fill the shapes of the bird and the background. Beautiful patterns can be created as seen in the examples illustrated.
- This workshop is a community based workshop and all finished pieces may be displayed during the Nov/Dec B|OAW exhibition in the Stables Gallery, Hall Place.

The 'HUICHOL' tribe of Mexico are known for preserving Pre Columbian traditions and they are renowned for their use of vibrant and exotic colours in their yarn paintings. They represent their deep spiritual connection to nature. This type of artwork is also seen in the work of the Nigerian Modernists who created similar pieces out of yarn and coloured string which is stuck onto boards using beeswax.

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Canvas of Emotion inspired by Agucho Velasquez: A 3-Week Abstract Acrylic Workshop *with Nicki*

WHERE: The Pop Up
DATE: Fridays 16th, 23rd and 30th October 2026
TIME: 11am - 1pm
COST: £5 per session

Agucho Velasquez is an international artist from Peru who has lived and worked in Italy and Belgium. With over 40 years of experience, his art is loved by collectors in more than 40 countries. For Agucho, painting is a passion that gives him the freedom to express emotion without fear.

What We Will Do

- **Paint Your Story:** Turn personal memories, experiences, and background into abstract colors and shapes.
- **Paint Without Fear:** Practice bold, free-flowing brushstrokes to overcome canvas anxiety and express pure emotion.
- **Build Great Compositions:** Learn how to balance colors, add focal points, and use final highlights to complete your painting.
- **Connect Through Art:** Share your finished piece with the group and discover how abstract art speaks a universal language.



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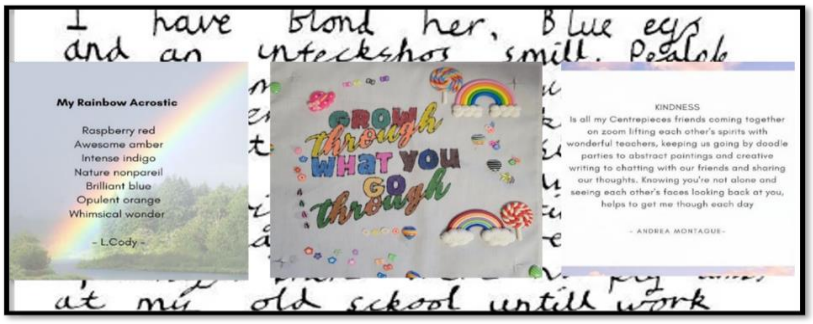
Creative Writing *with Matthew*



WHERE: **The Pop Up**
DATE: **Fridays 2nd, 9th, 16th, 23rd & 30th OCTOBER 2026**
TIME: **2 pm - 3.30 pm**
COST: **£4 in person, £4 on zoom**

Ever thought of putting it down on paper? Why not join our Creative Writing group as we delve into a host of different activities? The aim is to help uplift and amuse while providing a fun break from the stresses of the outside world.

We have a growing number of word games the group enjoys; whether that's making a story (or poem) from one of our "Desert Island Discs" lists, or our very-own soap opera writing-prompt card game, there's bound to be something to inspire and delight writers of all ages and experience. We'll also be having another fun-packed round of our very-own Creative Writing quiz. How many questions will YOU be able to answer from our curious collection? Come along and have a go!

Whether you're a new writer exploring creative writing, or Shakespeare's understudy, our Creative Writing group aspires to offer you a fun and refreshing challenge to get those ideas flowing.

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CRAFT CLUB AT THE POP UP

The Manor House, The Green, Sidcup, DA14 6BW

On

Saturdays 3rd & 17th October 2026

The Craft Club is open to CP artists and members of the public - everyone welcome!

Time: 10.30am - 1pm ~ Cost: £3







Bring your own craft activity to do, or use our craft supplies, or our Paper Craft Packs which are available to buy **~ This is a social group with occasional guided activities (optional) ~** ***Share ideas and techniques while enjoying a cuppa! (included in price).***

Children are welcome (7+) if accompanying an adult.

For more information contact email: centrepiecespopup@gmail.com

LONDON BOROUGH OF BEXLEY
Trusted by Bexley residents

HALL PLACE & GARDENS

The Stables Gallery

Saturday 7th November - Tuesday 1st December 2026



A showcase of community artwork from across Bexley, in response to our "Birds On A Wire" project. An exploration of how being present within nature, being part of a community, and creating art can aid in improving mental health.

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BIRDS ON A WIRE

Funded by the William Kendall Charity
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For further information contact us:
info@centrepieces.org *01322 554589* *www.centrepieces.org*

Visitor Centre
Stables Gallery
Hall Place & Gardens
Bourne Road
Bexley DA5 1PQ

Free Parking and Entry

Information line: 01322 526574
www.hallplace.org.uk

SUBMIT YOUR DESIGN FOR OUR

CHRISTMAS CARDS

Send to info@centrepieces.org:

- A good quality image of your design
- The title of your artwork

DEADLINE **26 OCT** **MONDAY**







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The Lodge at Hall Place

Centrepieces main office is located in The Lodge, just right of the entrance to Hall Place car park.

The Lodge
Hall Place
Bourne Road
Bexley
Kent DA5 1PQ



The Pop-Up at Sidcup Manor House

Since April 2023 we have been using part of Sidcup Manor House as a Pop-up space for artist's studios and some of our workshops and events.

PopUp@Sidcup
Sidcup Manor House
The Green
Sidcup DA14 6BW

